Unlock a healthier and more productive you

It’s your day — own it with Samsung Galaxy Watch6. From the gym to the office, our largest display yet¹ keeps you in the know with simple navigation and a super easy-to-read screen. Work out smarter with personalized heart rate zones,² and get insights for better rest with Advanced Sleep Coaching.³ Stay connected by using your Watch to call, text, play music and get notifications on the go.⁴ Plus, wherever the day takes you, own your look with a variety of customizable Watch bands⁵ and faces. Unlock your day’s full potential with Galaxy Watch6.

Stay connected on the go
Your Watch syncs with your other Galaxy devices seamlessly. So, have the power to call, text, take pics and play music all from your wrist.⁴

Always-on heart monitoring⁷
Get ahead of your heart health. Your Watch continually scans your heart rate to inform you when it’s detected an irregular rhythm.

Make the most of every activity
Work out to your full potential with fitness tracking³ on Galaxy Watch6. Get useful performance insights on duration, distance, calories burned and more.

A sleep coach on your wrist
Advanced Sleep Coaching³ helps you sleep better so you wake up ready to take on your day. Use your Watch to plan your bedtime, detect snoring⁶ and understand and track your sleep stages (awake, light, deep, REM).

Our largest Watch display yet¹
See and do more with an improved experience on our largest display yet¹. It’s made of durable crystal glass to stand up to everyday bumps and scratches.

Target your ideal intensity
Your Watch scans your health data to provide HR zones² tailored just for you. Target your preferred intensity to maintain the heart rate you need to achieve your fitness goals.

Shown features require smartphone with Android 10.0 or later, 2GB or more RAM and Samsung Health app (free) version 6.22 or later. Not intended to diagnose or treat medical conditions. For sleep pattern results, user must wear watch while they sleep for at least 7 nights and complete a survey. The Samsung BIA is a body analyzer that uses bioelectrical impedance analysis (BIA) technology to track body composition based on weight, body fat, body mass index (BMI), skeletal muscle, body water, and basal metabolic rate (BMR) measurements. Select watch bands sold separately.
## Galaxy Watch6

**Available in LTE and Bluetooth**

<table>
<thead>
<tr>
<th>Case</th>
<th>Band</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graphite</td>
<td>Graphite</td>
</tr>
<tr>
<td>Silver</td>
<td>Silver</td>
</tr>
<tr>
<td>Gold</td>
<td>Gold</td>
</tr>
<tr>
<td>Cream</td>
<td>Cream</td>
</tr>
</tbody>
</table>

### Dimensions
- 44.4mm x 42.8mm x 9.0mm
- 40.4mm x 38.8mm x 9.0mm

### Weight
- 33.3g
- 28.7g

### Display
- 1.47” (480px x 480px), 327ppi, Sapphire Crystal Glass
- 1.31” (432px x 432px), 330ppi, Sapphire Crystal Glass

### Durability
- 5ATM / IP68 / MIL-STD-810H

### Material
- Aluminum
- Aluminum

### Health Features
- Advanced Sleep Coaching
- ECG / Irregular Heart Rhythm Notification
- Personalized Heart Rate Zones
- BIA (Bioelectrical Impedance Analysis)
- Skin Temperature / Cycle Tracking
- Blood Oxygen

### Battery
- 425mAh
- 300mAh

### Connectivity
- BT 5.3 / Wi-Fi 2.4GHz and 5GHz / GPS / NFC / LTE

### OS
- Wear OS powered by Samsung
- Wear OS powered by Samsung

### Memory (RAM) and Storage
- 2GB RAM, 16GB internal storage
- 2GB RAM, 16GB internal storage

### Sensors
- Accel, Gyro, Barometer, Ambient Light, Compass

### Band
- Sports Band M / L Size: 20mm
- Sports Band S / M Size: 20mm

### Physical User Interface
- 2 button + digital bezel

### Miscellaneous
- Mic, speaker, motor

---

44mm Galaxy Watch6 model only. ⁴Available only for running workouts. Requires initial setup of 10 minutes of outside running with GPS on, smartphone with Android 10.0 or later, 2GB or more RAM and Samsung Health app version 6.22 or later. ⁵Requires smartphone with Android 10.0 or later, 2GB or more RAM and Samsung Health app version 6.22 or later. ⁶Compatibility for Galaxy wearable apps: Android 10.0 or later, 2GB of RAM. ⁷Select interchangeable watch bands sold separately. ⁸Phone must be within 2 feet of user with snore detection enabled through Samsung Health app version 6.22 or later. ⁹Available only for running workouts. Requires initial setup of 10 minutes of outside running with GPS on, smartphone with Android 10.0 or later, 2GB or more RAM and Samsung Health app version 6.22 or later. ¹⁰Requires repair or Ronaldo app to be present on the user’s smartphone. ¹¹Requires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health Monitor app (available only at the Samsung Galaxy app store). The ECG Monitor App is intended for adults and does not display arrhythmias other than AFib or users under 22 years old. Users should not interpret or take clinical action based on the device output without consultation of a qualified healthcare professional. ¹²Select interchangeable watch bands sold separately.