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Unlock a healthier and more productive you

It's your day — own it with Samsung Galaxy Watch6. From the gym to the office, our largest display yet¹ keeps you in the know with simple navigation and a super easy-to-read screen. Work out smarter with personalized heart rate zones,² and get insights for better rest with Advanced Sleep Coaching.³ Stay connected by using your Watch to call, text, play music and get notifications on the go.⁴ Plus, wherever the day takes you, own your look with a variety of customizable Watch bands⁵ and faces. Unlock your day's full potential with Galaxy Watch6.

Stay connected on the go

Your Watch syncs with your other Galaxy devices seamlessly. So, have the power to call, text, take pics and play music all from your wrist.⁴

Always-on heart monitoring

Get ahead of your heart health. Your Watch continually scans your heart rate to inform you when it's detected an irregular rhythm.

Make the most of every activity

Work out to your full potential with fitness tracking³ on Galaxy Watch6. Get useful performance insights on duration, distance, calories burned and more.

A sleep coach on your wrist

Advanced Sleep Coaching³ helps you sleep better so you wake up ready to take on your day. Use your Watch to plan your bedtime, detect snoring⁶ and understand and track your sleep stages (awake, light, deep, REM).

Our largest Watch display yet

See and do more with an improved experience on our largest display yet.¹ It's made of durable crystal glass to stand up to everyday bumps and scratches.

Target your ideal intensity

Your Watch scans your health data to provide HR zones² tailored just foryou. Target your preferred intensity to maintain the heart rate you need to achieve your fitness goals.

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Galaxy Watch6 Available in LTE and Bluetooth

Colors	Case Graphite Silver Band Graphite Silver	Case Graphite Gold Band Graphite Cream
Dimensions	44.4mm x 42.8mm x 9.0mm ⁸	40.4mm x 38.8mm x 9.0mm ⁸
Weight	33.3g°	28.7g°
Display	1.47" (480px x 480px), 327ppi, Sapphire Crystal Glass	1.31" (432px x 432px), 330ppi, Sapphire Crystal Glass
Durability	5ATM / IP68 / MIL-STD-810H	5ATM / IP68 / MIL-STD-810H
Material	Aluminum	Aluminum
Health Features ³ (Powered with BioActive Sensor)	Advanced Sleep Coaching ECG / Irregular Heart Rhythm Notification ⁷ Personalized Heart Rate Zones BIA (Bioelectrical Impedance Analysis) Skin Temperature / Cycle Tracking ¹⁰ Blood Oxygen	Advanced Sleep Coaching ECG / Irregular Heart Rhythm Notification ⁷ Personalized Heart Rate Zones BIA (Bioelectrical Impedance Analysis) Skin Temperature / Cycle Tracking ¹⁰ Blood Oxygen
Battery	425mAh	300mAh
Connectivity	BT 5.3 / Wi-Fi 2.4GHz and 5GHz / GPS / NFC / LTE ¹¹	BT 5.3 / Wi-Fi 2.4GHz and 5GHz / GPS / NFC / LTE ¹¹
OS	Wear OS powered by Samsung	Wear OS powered by Samsung
Memory (RAM) and Storage	2GB RAM, 16GB internal storage	2GB RAM, 16GB internal storage
Sensors	Accel, Gyro, Barometer, Ambient Light, Compass	Accel, Gyro, Barometer, Ambient Light, Compass
Band	Sports Band M / L Size: 20mm	Sports Band S / M Size: 20mm
Physical User Interface	2 button + digital bezel	2 button + digital bezel
Miscellaneous	Mic, speaker, motor	Mic, speaker, motor

44mm Galaxy Watch 6 model only. ³Available only for running workouts. Requires initial setup of 10 minutes of outside running with GPS on; smartphone with Android 10.0 or later, 2GB or more RAM and Samsung Health app version 6.22 or later. ³Cequires smartphone with Android 10.0 or later, 2GB or more RAM and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Galaxy Smartphone with Android 9.0 or later, and Samsung Health app version 6.22 or later. ³Cequires Samsung Health app version 6.22 or later. ⁴Cequires Samsung Health app version 6.22 or lat