The Result of HERhealth project

**Main result of the training**

- **Reduced health problems**
  - 25% to 13.6%
  - 15% to 3.9%
  - 10% to 3.9%

- **Improved knowledge on nutrition**
  - Vitamin A: 64% to 98%
  - Iron: 57% to 98%
  - Calcium: 70% to 100%

- **Increased consuming nutritious foods**
  - Eat fruit daily: 77% to 79.4%
  - Have meat or fish or egg every day: 79% to 87.3%

- **Improved knowledge on post-pregnancy care**

- **Improved knowledge on sexually transmitted infection**

- **Improved knowledge on maternal health**

  - Pregnant women need Tetanus Toxoid (TT) injections during pregnancy: 80% (before) vs 98.1% (after)
  - Pregnant women need 2 TT injections: 39% (before) vs 76.7% (after)
  - Pregnant woman should deliver her baby at hospital (as opposed to unreliable service settings): 98% (before) vs 100% (after)
- Improved knowledge about HIV transmission routes

- Improved knowledge about Hepatitis B transmission routes

- Knowledge on non-communicable but dangerous diseases